



# Sign up for important updates from Canterbury Cares

Pick a way to receive messages for Canterbury Cares:

- A** If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/3f2gh4](http://rmd.at/3f2gh4)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.

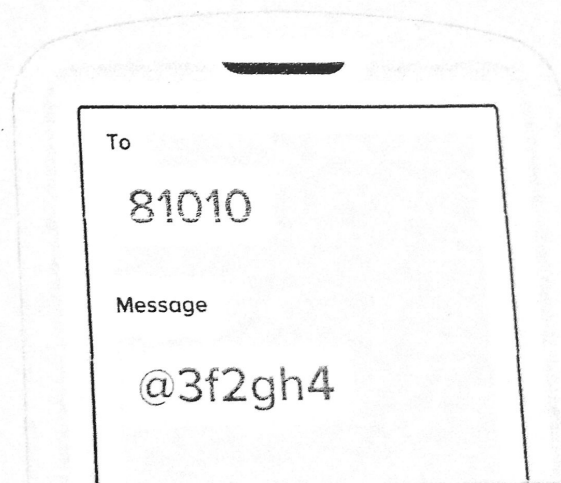


- B** If you don't have a smartphone, get text notifications.

Text the message @3f2gh4 to the number 81010.

If you're having trouble with 81010, try texting @3f2gh4 to (904) 201-3467.

*\* Standard text message rates apply.*



Don't have a mobile phone? Go to [rmd.at/3f2gh4](http://rmd.at/3f2gh4) on a desktop computer to sign up for email notifications.